

Your HEP-C Treatment Roadmap

STOP! YOU HAVE HEP-C.

SCAN HERE TO LEARN MORE ABOUT WHAT HAVING HEPATITIS C MEANS:



UNDERSTAND YOUR DIAGNOSIS

- » You have the hepatitis C virus, also known as HEP-C or HCV
- » You may have no symptoms

PROTECT YOUR HEALTH

- » HEP-C infects the liver and causes scarring
- » Over time, scarring can lead to cirrhosis or even cancer and death

DON'T SPREAD HEP-C TO OTHERS

- » If you are injecting drugs, don't share your works or other items that transfer blood
- » Use condoms
- » Postpone pregnancy until you have cured the HEP-C

GET TREATMENT NOW!

Current **HEP-C** medications **CURE** more than **95%** of cases¹

WHAT WILL TREATMENT INVOLVE?

- » You will take 1 or 3 pills per day for 8–12 weeks
- » There are very few side effects

WILL THE MEDICATION WORK IF I INJECT DRUGS—OR, IF I'M IN DRUG TREATMENT?

- » Yes! Treatment is very effective in those who continue to inject drugs
- » Methadone, buprenorphine, and other types of medication-assisted treatment do NOT decrease your chances of HEP-C cure

WHAT DOES HEP-C CURE MEAN?

- » The HEP-C virus will no longer be in your body and liver damage can potentially be reversed
- » You will no longer be able to spread HEP-C virus to others
- » **BUT, YOU CAN GET HEP-C AGAIN EVEN AFTER CURE!**

DON'T LET THE COST OF TREATMENT STOP YOU

- » No insurance coverage?
- » State Medicaid restrictions on HEP-C treatment?
- » **ASK YOUR HEP-C TREATER ABOUT PATIENT ASSISTANCE PROGRAMS**



<https://targethiv.org/library/aim-hepatitis-c/pap-cap>

YOUR HEP-C IS CURED!

PROCEED WITH CAUTION!

Live a healthy lifestyle

Remain under the care of your HEP-C treatment provider if you have advanced liver disease

Stay in drug treatment

Encourage your injecting and sex partners to get tested and treated for HEP-C

All pregnant women should be tested for HEP-C

PREVENT REINFECTION WITH HEP-C

DON'T SHARE WORKS OR OTHER ITEMS THAT TRANSFER BLOOD; USE CONDOMS

GET RETESTED AT LEAST ONCE A YEAR IF YOU CONTINUE TO ENGAGE IN ACTIVITIES THAT PUT YOU AT RISK FOR HEP-C

1. American Association for the Study of Liver Diseases/Infectious Diseases Society of America. HCV Guidance: Recommendations for Testing, Managing, and Treating Hepatitis C. Last updated August 2020. <https://www.hcvguidelines.org/>. Accessed April 30, 2021; 2. Centers for Disease Control and Prevention (CDC). Hepatitis C Questions and Answers for the Public. Last reviewed July 2020. <https://www.cdc.gov/hepatitis/hcv/faq.htm#A3>. Accessed April 30, 2021; 3. National Harm Reduction Coalition. <http://harmreduction.org>. Accessed April 30, 2021; 4. Informa Health. How Does the Liver Work? Last updated August 2016. <https://www.ncbi.nlm.nih.gov/books/NBK279393/>. Accessed April 30, 2021; 5. Graf C, et al. *Clin Infect Dis*. 2020;70(11):2355-2365; 6. Hajarizadeh B, et al. *Lancet Gastroenterol Hepatol*. 2018;3(11):754-767; 7. Patient Assistance Programs for Hepatitis C Medication Costs. Target HIV. <https://targethiv.org/library/aim-hepatitis-c/pap-cap>. Accessed April 30, 2021; 8. CDC. CDC Recommendations for Hepatitis C Screening Among Adults in the United States. Last reviewed July 2020. <https://www.cdc.gov/hepatitis/hcv/guidelines.htm>. Accessed April 30, 2021.